

headspace Groups Winter holiday Program June/July 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	<p>30</p> <p>Pickleball @PicklePlay Bentleigh 1:00 – 2:00 PM</p> <p>Games Gang @ Boss Boardgames 2:30 - 4:30 PM</p>	<p>1</p> <p>Club House 11:30-12:30 PM</p> <p>Job Quest 1:00-2:00 PM</p>	<p>2</p> <p>Kick start your career 1:30-3:30 PM</p>	3
<p>6</p> <p>Mindful Movement 2:00 - 3:00 PM</p> <p>Peer Space 3:15 - 4:30 PM</p>	<p>7</p> <p>Movie Day @ Classic Cinemas <i>[RSVP by June 30th]</i></p>	8	<p>9</p> <p>Drumming Circle 2:00- 4:00 PM</p> <p><i>Sponsored by Dragonfly Music</i></p> <p><i>[RSVP by July 2nd]</i></p>	10
Peer Groups	Groups	Outings	Workshops	To RSVP please email: headspacegroups@alfred.org.au