

# headspace Groups

## Spring holiday Program

### September/October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>22</b>  <b>Peer Space</b> <b>3:15 - 4:30 PM</b>	<b>23</b>  <b>Games Gang</b> <b>@ Boss Board Games</b> <b>1:30 - 3:30 PM</b>	<b>24</b>	<b>25</b>  <b>Nature Walk</b> <b>@Braeside Park</b> <b>1-3 PM</b>	<b>26</b>  <b>PUBLIC HOLIDAY</b>
<b>29</b>  <b>Walk &amp; Talk</b> <b>2 - 3 PM</b>  <b>Ask a Career's</b> <b>Counsellor</b> <b>Christmas Casual</b> <b>Work Applications</b> <b>2:30-4 PM</b>	<b>30</b>  <b>Climate Café</b> <b>@ Melbourne</b> <b>Museum</b> <b>4-6:30 PM</b>	<b>01</b>	<b>02</b>  <b>Tennis</b> <b>@ Coatsville Tennis</b> <b>Club</b> <b>2:00- 3:30 PM</b>	<b>03</b>
Peer Groups	Groups	Outings	Offsite Groups	headspacegroups@alfred.org.au