





Applications are now open for the: **headspace Youth Reference Group**





Are you aged between 16 and 25 and live in Albury Wodonga?
Do you have something to say about health, mental health,
education and employment and drug and alcohol issues?

What is the headspace local Youth Reference Group (YRG)?

headspace is providing young people with the opportunity to be heard and be active around youth mental health and alcohol and other drug issues. There are a number of roles you can play in a **headspace** local reference group, including:

-  Developing and organising projects and events in your local area
-  Consultation and evaluation of **headspace** services, policies and resources
-  Being a media spokesperson
-  Undertaking training and education opportunities in relation to **headspace** matters

By getting involved you will:

-  Have the opportunity to have your say and direct youth mental health services in the Albury Wodonga area
-  Develop new skills
-  Meet and work with other young people who are passionate about youth mental health
-  Make a difference to youth mental health.

headspace will provide some training to support you to participate in the above groups or activities.

How do I get involved?

Complete the application form and email it to:

bree.cross@gatewayhealth.org.au

or you can post or drop it in to:

headspace Albury Wodonga
155 High Street
WODONGA VIC 3690

Who can apply?

We are looking for anyone aged between 16 and 25 who is involved with their local **headspace** centre.

We are looking for local young people to join the group.

We want you to apply if:

You have knowledge of, interest in and feel passionate about mental health issues,

The group is also keen to hear the voices of Indigenous young people, young people from different cultural backgrounds, young people from rural and remote areas, gay, lesbian, bisexual and transgender young people and young people who have been homeless.

Applications close Friday 23 February 2018

Headspace YRG application form

Personal Details

Name

Phone

Email

Address

Date of Birth

Sex

What languages do you speak at home?

Where were you born?

Are you Aboriginal or Torres Strait Islander?

Where do you live? (suburb)

Do you identify as having/had a mental health barriers?

Is this something that you would be happy (and feel comfortable) talking about?

About You

Please tell us a bit about yourself?

(For example: I am 15 years old, and attend alternative education centre 3 days a week, I like skate-boarding etc)

Please describe why you are interested in becoming a Youth Reference Group member?

What skills and ideas could you bring to the Youth Reference Group?

Are you involved in any other organisations? If yes, which ones and what is your involvement?