

# headspace Cairns YRG

headspace Cairns is looking for young people aged 16 - 25 to join the headspace Youth Reference Group (YRG)!



## What is the YRG?

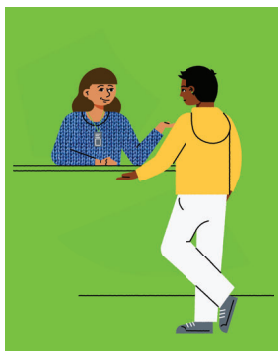
headspace believes in providing young people with the opportunity to be actively involved in addressing the issues that are important to them. Being a part of the YRG gives you an opportunity to have your voice heard!



## What's involved?

As a part of the YRG, you will have the opportunity to:

- Plan and run events and activities for young people in Cairns
- have your say on important issues and influence how headspace Cairns works
- give feedback and advice to headspace Cairns staff
- promote headspace Cairns and important youth issues
- help brainstorm ideas for headspace Cairns
- learn new skills, experiences new things, and build self confidence
- work with other passionate young people.



## To find out more...

For more information about how to get involved with the YRG, please call headspace Cairns on **4041 3780**, or email **[mchurch@headspace Cairns.org.au](mailto:mchurch@headspace Cairns.org.au)**

Alternatively, you can use the QR code to download the registration pack.

