



unwind wednesdays

social group for young people aged 12 – 25.

Join us on the first and third Wednesday of the month for a relaxing afternoon filled with card games, board games, art and video games. Whether you're up for friendly competition or prefer to express yourself through art, there's something for you! Unwind, connect with others, and have fun in a safe environment.

Unwind Wednesdays is led by our Youth Engagement Committee (YEC) who are dedicated to supporting other young people aged 12 to 25 years.

when

1st and 3rd Wednesday of each month
3:30pm - 5:00pm

where

headspace Bundaberg
66 Woongarra Street

contact

If you have any questions, please
call 4152 3931 or email
headspacebundaberg@youturn.org.au

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