



Community Engagement Activities

headspace Box Hill can have a presence at your school, university, sporting club, event, festival, community day or wherever you see fit!

We can have an active presence, which involves running an interactive activity to engage with young people and the community. This could align with a recognition or celebration day/week or support an existing well-being activity in the school environment.

We can also act as an 'information hub' where community members can ask questions and have a chat with our staff and volunteers. Presentations involve providing information and sharing tips and experiences from young people, with some capacity for interactive activities. Workshops allow for greater engagement through discussions and activities.

We will discuss your needs and then develop the activity/event to align with what target group and ideas you'd like us to focus on.

To get in touch, fill out the Community Engagement request form in the link below and we will take it from there.

We require a minimum four (4) weeks notice to host an event. Completing the request form does not confirm your event. You will hear back about your request within seven working days.



<https://forms.office.com/r/T5VDsyT5iA>