

Are you aged 16-25?

Have a passion about the mental health of young people?

Are you keen to give back to your community?



2019 hERO Group COULD THIS BE YOU?







headspace Berri invites interested young people to join our 2019 Youth Reference Group.

hERO members are given training and opportunities to advocate for the health and wellbeing of local young people. hERO members provide advice to headspace Berri about what young people need. They have great opportunities to run events and promote headspace in schools and the wider community.

To find out more information and to register your interest, check out our website, pop into **headspace** Berri to talk to our friendly staff or contact our team on 8582 4422.



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