

headspace Groups Summer Holiday Program January 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walk & Talk 2 - 3pm Peer Space 3:15 - 4:30pm 27 PUBLIC HOLIDAY	28 Games Gang 3:00 - 4:30pm	Learn to Play Guitar 2 - 3:30pm @ Kingston Arts Centre (Sponsored by Dragonfly music)	Flash Forward 1:00 - 3:30 PM Melbourne laneway exhibition 30 Nature Walk 1:00 - 2:30 pm @ Karkarook Park	31
Peer Groups	Groups	Outings	Offsite Groups	Contact: headspacegroups@ alfred.org.au