

headspace Groups

Winter holiday Program

July 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|-----------|---|---|
| 7 Walk & Talk 2 - 3 PM Ask a Careers Counsellor Preparing for VTAC and SEAS applications 2:30-4 PM | 8 | 9 | 10 Pickle Ball GESAC 3:15-4:30 PM | 11 OZ Tenpin (Narre Warren) 10-12 PM |
| 14 Peer Space 3:15 - 4:30 PM | 15 Games Gang @ Boss Board Games 1:30 - 3:30 PM | 16 | 17 Mosaic Workshop @ Merryl's Mosaics Studio 2:00- 3:30 PM <i>Proudly supported by</i> <i>dragonfly music space</i> Taking the edge off: Let's talk about drugs and alcohol Westall Community Hub 10am - 3pm | 18 |
| Peer Groups | Groups | Outings | Offsite Groups | headspacegroups@alfred.org.au |