

headspace Groups

Summer holiday Program

January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 Walk & Talk 2:00 - 3 PM	13 Games Gang @ Boss Board Games 2:30 - 4:30 PM	14	15 Nature Walk @Studley Park Guided walk by Parks Victoria 2:00-4:00 PM	16
19 Peer Space 3:15 - 4:30 PM	20 Games World Exhibition @ ACMI 2:00 - 4:00PM	21	22 Pickleball @ PicklePlay 2:00- 4:00 PM	23
Peer Groups	Groups	Outings	Offsite Groups	headspacegroups@alfred.org.au