

headspace Groups holiday Program April 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6</p> <p>PUBLIC HOLIDAY</p>	<p>7</p> <p>Games Gang @ Boss Boardgames 2:30 - 4:30 PM</p>	<p>8</p>	<p>9</p> <p>Hijinx Hotel challenge rooms & Tenpin bowling @Chadstone 1:45-3:30 PM</p>	<p>10</p>
<p>13</p> <p>ACT Procrastination Workshop 1-4:30 PM</p> <p>Walk & Talk 2:00-3:00 PM</p> <p>Peer Space 3:15 - 4:30 PM</p>	<p>14</p> <p>Pickleball @ PicklePlay 1:00- 3:00 PM</p>	<p>15</p>	<p>16</p> <p>Moonlit Sanctuary Wildlife Conservation Park 1:00-3:00 PM</p>	<p>17</p>
Peer Groups	Groups	Outings	Offsite Groups	headspacegroups@alfred.org.au