



# YOUTH MATTERs

## Mental Health Forum 2016 Sponsorship Proposal



*“YOUTH MATTERs aims to get young people thinking about their relationships and ways they can improve their general wellbeing”*

*Sarah Longhurst*

*headspace Bathurst Youth Reference Group Member*



# headspace Bathurst Youth Reference Group

**headspace** Bathurst Youth Reference Group is made up of a variety of young people aged from 12 to 25 years. We work with **headspace** by volunteering at community events, tailoring **headspace's** community involvement to meet local needs, and evolving our ideas into projects that optimise **headspace's** effectiveness amongst Bathurst's youth. We've developed a youth mental health forum called YOUTH MATTERS as we think it's important for young people to have access to great information that they can use to improve their relationships and mental health. We're being supported in the development of this forum by Western NSW Local Health District Child and Adolescent Mental Health Service (CAMHS) and Charles Sturt University (CSU) Future Moves. With your generosity you can help us make a profound impact on the wellbeing of our community.

You can find out more about **headspace** Bathurst Youth Reference Group and the organisations supporting YOUTH MATTERS by visiting [www.headspace.org.au/bathurst/youth-matters](http://www.headspace.org.au/bathurst/youth-matters)

## YOUTH MATTERS Overview

YOUTH MATTERS will bring over 200 Year 9 students from local high schools together with industry specialists to share knowledge and develop a practical and positive approach to building healthy relationships and tips for improving general wellbeing. YOUTH MATTERS aims to empower young people to become positive change makers and healthy relationship advocates. Young people attending the forum will have the opportunity to devise school and community action plans that target key areas of change in their school, in their home, with their peer networks and the broader community.

## YOUTH MATTERS Objectives

- To improve young peoples understanding of healthy relationships with partners, family and friends
- To provide accessible information and resources to young people, schools and the wider community
- To enable young people to personally engage with mental health and youth services in their local area
- To increase awareness of ways for young people to get involved in their local community
- To allow young people to brainstorm ideas and plan strategies on sharing what they've learnt with their peers
- To allow students to meet other young people from their area and learn from each other
- To have some fun while interactively learning how to keep happy and healthy!

## What does your sponsorship mean?

Your support of the YOUTH MATTERS Mental Health Forum will help provide young people with the necessary skills, tools and knowledge to improve their physical, mental, social and financial health and wellbeing. You will also have the added opportunity to showcase your business to a large audience of young people.

# YOUTH MATTERs Sponsorship Options

**headspace** Bathurst Youth Reference Group have developed a number of sponsorship options that your organisation can choose from. You can also choose to donate an amount of your choice.

The **headspace** Bathurst funding contract is held by Marathon Health. This organisation is registered as a Deductible Gift Recipient (DGR) which entitles our sponsors to a tax deduction.

If you can't support this event financially but would still like to be involved please contact Karen Golland **headspace** Bathurst on 6338 1100 or email [karen.golland@marathonhealth.com.au](mailto:karen.golland@marathonhealth.com.au)

	GOLD sponsorship package	SILVER sponsorship package	BRONZE sponsorship package
Donation	\$1000	\$500	\$200
The opportunity to advertise positive youth focused promotions on the <b>headspace</b> Bathurst facebook page	✓		
Acknowledgement of your 'major' sponsorship in all media releases	✓		
Corporate logo placed on all major forum advertisement materials	✓		
A banner (supplied by your organisation) to be placed in a prominent position at the expo venue	✓	✓	
Corporate logo placed on the <b>headspace</b> Bathurst website on YOUTH MATTERs event page (linked to your own website)	✓	✓	
The opportunity to place any promotional material in the <b>YOUTH MATTERs</b> forum bags (sponsor to supply materials)	✓	✓	
Verbal acknowledgement of your sponsorship at the expo	✓	✓	✓
You will receive a framed certificate of appreciation	✓	✓	✓



# YOUTH MATTERs Sponsorship Application

## Sponsor Details

Name:

Position (If applicable):

Organisation (If applicable):

Postal address:

Phone:

Email:

Tick	Sponsorship Type	Amount
<input type="radio"/>	Gold	\$1000
<input type="radio"/>	Silver	\$500
<input type="radio"/>	Bronze	\$200
<input type="radio"/>	Nominate amount	

Payment details: Details to be checked with Marathon Health

Please make your payment to Marathon Health via either

Cheque – made payable to Marathon Health

**EFT – BSB 082 564 Account Number 78926486 Account Name: Marathon Health**

Please type your Organisation Name or Surname under transaction description

Please return this complete form to **headspace** Bathurst via

Fax: 02 6338 1199

Email: [karen.golland@marathonhealth.com.au](mailto:karen.golland@marathonhealth.com.au)

Post: PO Box 175 BATHURST NSW 2795