

What's a hAPI survey and why is it important?

hAPI stands for headspace Applications Platform Interface. It's how headspace centres across Australia gather information.

Why do I complete a hAPI survey each visit?

The hAPI survey is a wellbeing survey used by your clinician to help guide your care. It helps your headspace worker understand how you're going, plan your treatment, and work with you to make sure your sessions are helpful and right for you.

Your honest feedback helps us better understand what is working, what support you might need, and how your wellbeing journey is going over time.

What else is the hAPI survey used for?

The information collected through hAPI is also used by headspace National to evaluate services, conduct research and report on how each headspace centre is supporting young people.

This is done confidentially and will not identify you. Your name is removed, and the information is combined with information from other young people attending headspace.

This helps headspace keep reviewing and improving services so they meet young people's needs.