

## **headspace Batemans Bay and headspace Narooma Family Reference Group Expression of Interest (EOI) Form**

*At headspace Batemans Bay and headspace Narooma, family is defined uniquely by each young person. Family is considered an integral part of a young person's circle of care. Family and other caregivers – whether by birth, choice or circumstance – hold a significant role in supporting a young person by fostering a sense of belonging and connection through their shared experience. The term family may include parents, caregivers, siblings, partners, Elders, kin, mentors and other community members who are viewed by the young person as people who play a significant emotional, cultural, faith-based or other role in their life*

|                    |  |
|--------------------|--|
| <b>Date of EOI</b> |  |
|--------------------|--|

### **Your details**

|                      |  |
|----------------------|--|
| <b>Name</b>          |  |
| <b>Email Address</b> |  |
| <b>Phone Number</b>  |  |

**Do you have a family member who has experienced or is currently experiencing mental health issues?**

- ☐ Yes  
☐ No

**What is your relationship with the young person? (e.g., parent, sibling, Elder)**

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**Has the young person accessed our headspace services?**

- ☐ Yes  
☐ Other mental health services  
☐ Both

The headspace Batemans Bay and headspace Narooma Family Reference Group will be made up of up to 10 members of diverse backgrounds who have a lived experience of supporting a young person with mental health issues. The aim of the headspace Batemans Bay and headspace Narooma Family Reference Group is advocating for the improvement of services, programs and resources for young people and their family.

**Why would you like to join our Reference group?**

**What are some experiences and insights that you could you bring to the Family Reference Group?**

For further information please email headspace Batemans Bay or headspace Narooma at [info@headspacebatemansbay.org.au](mailto:info@headspacebatemansbay.org.au) or [info@headspacenarooma.org.au](mailto:info@headspacenarooma.org.au) or via phone at 1800 718 383.