

# what's on July 2024

In July, headspace Batemans Bay celebrated NAIDOC Week with our Art and Yarn Circle, Community BBQ, a film screening of *"In My Blood It Runs"* and joined the Mogo Big Day Out and Katungul Family Day. We also hosted special visitors who toured the centre to learn more about headspace Batemans Bay and the work we do.



## Art and Yarn Circle

headspace Batemans Bay kicked off NAIDOC Week with our Art and Yarn Circle. It was an afternoon filled with creativity, stories and connection. A special thanks to local artist Jamara Nye for leading with her incredible talent, and to everyone who joined. The art created will be hung up in our Batemans Bay centre.



## Community BBQ and Film Screening

headspace Batemans Bay continued our NAIDOC celebrations with a Community BBQ and Film Screening of *'In My Blood it Runs'* at the Bay Pavilions Yuin Theatre. Thank you to Katungul for partnering with us and to the Eurobodalla Shire Council Youth Development Team for running activities, and everyone who came along to support us.



## Minister Visit

Health Minister Mark Butler and Member for Gilmore Fiona Phillips visited our centre and met with staff and Relationships Australia CEO Steph. They learned about the incredible work our Youth Reference Group is doing and how our staff support young people. They also met Max, our therapy dog.



## Mogo Big Day Out and Katungul Family Day

headspace Batemans Bay was thrilled to join Mogo's Big Day Out and the Katungul Family Day in Narooma in celebration of NAIDOC Week. We had an amazing time connecting with the community and other service providers, sharing resources, and participating in the festivities.

# how long will it take for me to...

**fill in a  
referral form?**

\* scan the QR code below

**whenever  
you're ready**

**book an  
appointment?**

\* call our office on 1800 718 383

**today**

**speak with  
a clinician?**

\* this could be as soon as today

**within a  
week**



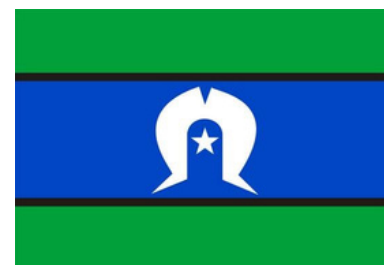
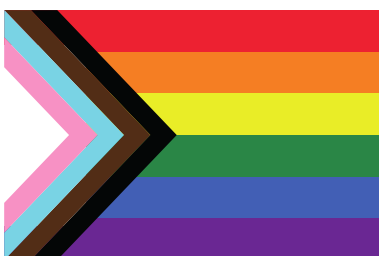


# Sexual Health Clinic

**FREE & Confidential Service**  
**Sexual Health Information**  
**STI, HIV & Hepatitis Testing & Treatment**  
**LGBTQIA+ Support**

**Where:** headspace Batemans Bay  
**When:** Tuesdays (walk-ins also)

**Call 1800 718 383 to book**  
**or find out more.**





Help the NSW Government  
improve experiences for  
young people in NSW.

Have your say for  
a chance to **WIN\***



**Scan the QR code and tell us  
what is important to you.**

[bit.ly/YourVoiceOurFuture-NSW](https://bit.ly/YourVoiceOurFuture-NSW)

\*Terms and conditions apply.  
See website for more information.



## about

We're a place where young people aged between 12 – 25 years who are going through a tough time can get support.

We provide a safe and confidential environment for young people to access free services across six areas:

- dietitian
- family therapist
- mental health services
- alcohol and other drugs services
- work and study support
- sexual health clinic

We are a free service - which means there will be no out of pocket cost to young people.

Additionally, our centre is wheelchair friendly, with easy access parking available to cater for every young person's needs.

## how do I make a referral?

A young person can self-refer if they are over the age of 14 years old, or by a parent if they are between the age of 12-14 years old.

Community members, organisations, GP's, schools etc. can refer a young person with their consent.

Fill out our Referral Form via link:  
[Referral Form](#)

Or scan the QR Code:



## what might happen at the first visit?

Your first visit may be in person, via zoom or on the phone.

At the first visit you will:

1. Complete a brief online survey
2. Complete a consent form with a headspace Youth Access Worker
3. Be given an opportunity to share what's been impacting their wellbeing and talk together about what goals they want to work on.



## hours

Monday: 9:00am - 6:00pm  
Tuesday: 9:00am - 5:00pm  
Wednesday: 9:00am - 6:00pm  
Thursday: 10:00am - 7:00pm  
Friday: 9:00am - 5:00pm

Out of office appointments are available on request.

If you have any questions or require more information, call the Centre on 1800 718 383.