## Date:



## headspace Batemans Bay Community Referral Form

GPs to complete Mental Health Treatment Plans (MHTP)

All inquiries, contact 1800 718 383 between the hours of 9am - 5pm Mon, Tues, Wed, Fri, and

10am - 6pm Thurs. Please fax referrals to headspace Batemans Bay 02 9169 3478

## **Important Information About Your Referral**

headspace is a service for young people aged 12-25. We can only engage with young people who have provided consent to this referral.

headspace Batemans Bay will be offering services to young people to support their mental health, physical health, any alcohol and or other drug related issues, and provide support for work and study.

This service is BULK BILLED THROUGH MEDICARE and we will need a Medicare number to provide services.

headspace Batemans Bay is not a crisis service and should you have any concerns, if the young person is in crisis, or if they are at an acute risk of harming themselves or others, please contact emergency services on **000**. In a mental health emergency please contact Mental Health Line on **1800 011 511** 

The receipt of this referral form does **not** indicate acceptance to headspace Batemans Bay. Suitability of the referral will be determined following assessment with the young person. Please contact us on 1800 718 383 (between 9am - 5pm, Mon, Tues, Wed, Fri, and 10am - 6pm Thurs) to confirm receipt and discuss the outcome of your referral.

To provide a complete referral, please attach any relevant assessment notes, discharge summaries and/or additional information (eg MHTP). We will endeavour to respond to referrals within 48 business hours, but if you have any queries, please phone us on the contact details above.

| Young Person's Detai                            | Is (Red fields are      | e required)     |                        |                     |      |    |
|---|-------------------------|-----------------|------------------------|---------------------|------|----|
| ame:  |                         |                 |                        | DOB:                | DOB: |    |
| Full name                                       |                         |                 |                        |                     |      |    |
| Address:  Address (Postal Address if different) |                         |                 |                        |                     |      |    |
| Is it okay for us to send headspace             | e branded documents     |                 |                        |                     |      |    |
| Phone:Email:                                    |                         |                 | Gender:                | Preferred pronouns: |      |    |
| Medicare No:                                    | Position on             | card:           | Exp                    |                     |      |    |
| Next of Kin/Emergency Contact:                  |                         |                 |                        |                     |      |    |
| (Please include relationship to young per       |                         |                 |                        |                     |      |    |
| Does the young person require an                | interpreter? YES        | NO              | If yes, which langua   | age?                |      |    |
| Does the young person identify as               | s Aboriginal?           |                 | Yes                    | No                  |      |    |
| Does the young person identify as T             | orres Strait Islander?  |                 | Yes                    | No                  |      |    |
| Does the young person identify as A             | sboriginal AND Torres S | Strait Islander | ? Yes                  | No                  |      |    |
| Does the young person have a GP?                | YES NO                  | D               | oes the young person h | ave a MHTP? Y       | es   | No |
| Practice Name (if applicable):                  |                         |                 | Doctor's Name (if ap   | oplicable):         |      |    |
| Consent   |                         |                 |                        |                     |      |    |
| Does the young person conse                     | ent to this referral?   | Yes             | No                     |                     |      |    |

Does the young person consent to sharing information with the headspace Batemans Bay team? Yes

No

| Reason for Referra            |                                     |                                       |                 |
|-------------------------------|-------------------------------------|---------------------------------------|-----------------|
| - Sussain of Rollonia         |                                     |                                       |                 |
|                               |                                     |                                       |                 |
| What are some of the current  | issues? (please include info about  | duration, age of onset and pre-existi | ing diagnoses): |
| What are some of the current  | issues: (picase iriciade irio about | duration, age of offset and pre-exist | rig diagnoses). |
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headspace Batemans Bay offers early intervention, short term support for young people experiencing mild to moderate mental health difficulties.

| Is there any family history of mental health conditions? |                      |                   |                          |                         |              |             |  |
|--|----------------------|-------------------|--------------------------|-------------------------|--------------|-------------|--|
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| le the vering person currently ou                        | parted by other      | haalth aamiisaa   | ) (15                    |                         | AVEC E       | NO E        |  |
| Is the young person currently su                         | pported by other     | nealth services : | ( (If so, please provide | e service details belov | y) YES 🗆     | NO 🗆        |  |
| Does the young person consent to                         | headspace Batem      | ans Bay exchan    | ging information with    | these services to       | support this | s referral? |  |
| Doco the young person concent to                         | пеааораес Ватен      | and Bay exerian   | ging information with    |                         | оарроге инс  | preferrar.  |  |
|  |                      |                   |                          |                         | Yes          | No          |  |
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| Risk Factors (referrer to co                             | omplete all risks if | known)            |                          |                         |              |             |  |
| Suicide  | None                 | Low               | Medium                   | High                    |              |             |  |
| Non-suicidal self-injury                                 | None                 | Low               | Medium                   | High                    |              |             |  |
| Harm to others   | None                 | Low               | Medium                   | High                    |              |             |  |
| Vulnerability  | None                 | Low               | Medium                   | High                    |              |             |  |
| ,  |                      |                   |                          |                         |              |             |  |
| Other risk factors?                                      |                      |                   |                          |                         |              |             |  |
| eg homelessness, social withdra                          | wal, medication co   | ompliance         |                          |                         |              |             |  |
|  |                      |                   |                          |                         |              |             |  |
|  |                      |                   |                          |                         |              |             |  |
|  |                      |                   |                          |                         |              |             |  |
|  |                      |                   |                          |                         |              |             |  |
| Referrer's Details                                       |                      |                   |                          |                         |              |             |  |
| Name:  |                      |                   | Pr                       | none:                   |              |             |  |
| Email:   |                      |                   |                          |                         |              |             |  |
| Organisation (if applicable):                            |                      |                   |                          |                         |              |             |  |
|  |                      |                   |                          |                         |              |             |  |
| Relationship to young person:                            |                      |                   |                          |                         |              |             |  |
|  |                      |                   |                          |                         |              |             |  |
| Office Use Only  |                      |                   |                          |                         |              |             |  |

Appt bkd Date:

Preferred appt method: Video

Referred elsewhere (details):

Phone

Time: \_\_\_\_\_

Person completing this form: