

IGNITE

Get ready to go on a journey of a lifetime

Ignite is a program for young people to experience a unique youth-led environment that encourages them to challenge themselves, connect to others and grow their self-awareness and resilience.

Ignite is a safe space for young people to push their comfort zones and explore who they are. Ignite is open to all young people.

A partnership between headspace Bankstown and The Reach Foundation.

DETAILS

Who:
13 - 17 year olds

When:
Wednesday 4 & Thursday 5
October 2022

Time:
10am - 2:30pm

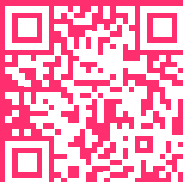
Cost:
FREE for both days

Location:
Bryan Brown Theatre,
Bankstown

If you are coming from Castle Hill a bus will leave at 9am from 253 Old Northern Rd, Castle Hill and will drop you back by 3:30pm.

If you are coming from Parramatta a bus will leave at 9:30am from Wentworth St, Parramatta and will drop you back by 3:00pm.

SCAN
HERE TO
BOOK



Or get in touch with the team

9393 9669

headspace.bankstown@flourishaustralia.org.au

WHAT TO EXPECT

Although each workshop is designed to meet the specific needs of teenage participants, workshops generally encourage young people to explore what it is to be a young person providing opportunities for participation in interactive youth-led discussion and activities, that encompass the kind of issues that all young people face.

EACH WORKSHOP INCLUDES

- Three Reach crew who design, facilitate, lead and guide all the experiences for young people.
- Additional crew members who provide peer support to young people participating, as well as support to the lead crew to ensure that activities run smoothly.
- At least one headspace Clinician (social worker or psychologist) who provides wellbeing support to young people as required.
- Another headspace staff member who is present at all times. They are trained in First Aid and have general oversight for everyone involved and participating in the workshop.

WELLBEING SUPPORT FRAMEWORK

Underpinning the design and delivery of all workshops is a framework of professional wellbeing support, to ensure emotional safety of all participants.

Young people are supported by trained crew and wellbeing professionals in all Reach workshops. Due to the nature of workshops, all enrollments of young people are reviewed. A headspace clinician will be in touch to confirm your attendance and ensure we have appropriate supports in place.

REACH

