



Position Description

Aboriginal Community Engagement Trainee

headspace Adelaide/ Onkaparinga

Location: **headspace** Adelaide and Onkaparinga

Department: **headspace** Services Limited

Level: HPSS Level 1

Employment Type: 12 month Maximum Term

Approved by: Greg Young

Date Approved: February 2018

Agreed by:

Date Agreed:

1. HEADSPACE VISION

All young Australians are supported to be mentally healthy and engaged in their communities.

2. HEADSPACE MISSION

headspace collaborates to design and deliver innovative ways of working with young people to strengthen their mental health and wellbeing.

3. POSITION SUMMARY

The Aboriginal Community Engagement Traineeship is embedded within the Community Engagement stream and supports the incumbent^[NB1] to complete formal education whilst building skills and knowledge related to youth mental health and community engagement.

This position will support the Youth and Community Engagement Leader in planning and implementing activities specific to increasing the mental health literacy and awareness of Aboriginal and Torres Strait Islander young people, as well as promote positive help-seeking and wellbeing of Aboriginal and Torres Strait Islander people in the wider community.

As part of this role, headspace Adelaide/Onkaparinga will facilitate access to Cultural Supervision with Aboriginal Health Workers to support their development in health promotion and engagement for youth mental health. Engagement and completion of study is also required, with the choice of either Certificate IV in Mental Health or Certificate IV in Community Services.

4. POSITION CONTEXT

headspace Adelaide and **headspace** Onkaparinga are operated by **headspace** Services Limited (a subsidiary of **headspace** National Youth Mental Health Foundation). **headspace** Adelaide consists of a **headspace** Centre (primary platform) and the South Australian **headspace** Youth Early Psychosis Program (hYEPP).

headspace centres aim to create highly accessible, youth friendly, integrated service hubs that provide evidence based interventions and support to young people aged 12–25 years. **headspace** delivers services comprising mental health, alcohol and other drugs, primary care and vocational services. **headspace** aims to improve outcomes for young people by addressing the major barriers for service use, and enabling better access to, and engagement in, early intervention services that provide holistic and integrated care.

The hYEPP will ensure provision of early intervention, responsive, and recovery focused care for young people aged 12 – 25 years who are at risk of or experiencing a first episode of psychosis based on the EPPIC model of care.

The overall aims of clinical care within the hYEPP service are:

- To detect early those young people who are experiencing, or at risk of, a first episode of psychosis.
- To reduce the duration of untreated psychosis in young people with psychosis in order to minimise the impact of psychosis on the normal developmental trajectory of the young person.
- To intervene early and effectively with young people at risk of a first episode of psychosis to prevent the onset of psychotic illness.
- To provide timely, seamless access to service for young people at risk of, or experiencing psychosis and their family/significant others.
- To enable both symptomatic and functional recovery from a first episode of psychosis.

This role reports to the Youth and Community Engagement Leader within headspace Adelaide/Onkaparinga. The position will support community engagement across Primary Platform and hYEPP, and will assist with the development, implementation and evaluation of community engagement strategies for the headspace. This includes building relationships with external stakeholders and seeking opportunities for new partnerships that build the capacity of the centre to effectively support Aboriginal and Torres Strait Islander young people

5. KEY RESPONSIBILITIES

- Undertake a Certificate IV in Mental Health or Community Services and maintain satisfactory academic progress throughout the traineeship.
- Participate in health awareness, promotion and engagement activities as a member of the Youth and Community Engagement Team
- Support the development and implementation of community engagement strategies across Primary Platform and hYEPP
- Support the Youth and Community Engagement Team to raise awareness about mental health issues and support for Aboriginal and Torres Strait Islander young people
- Participate in Community Engagement activities as a representative of headspace Adelaide/ Onkaparinga
- Support Youth Ambassadors and YRG where appropriate in delivery of information to wider community groups
- Participation in supervision (individual and peer)
- Other duties consistent with the position where required and/or requested

6. KEY SELECTION CRITERIA

The following criteria must be met for consideration for this position:

6.1 Essential^[NB2]

- It is an operational requirement that this position is occupied by an Aboriginal and/or Torres Strait Islander person
- Eligibility to enroll in a Certificate IV in Mental Health or Certificate IV in Community Services via TAFE SA and a willingness to engage in, and complete training
- Commitment to work under the direct supervision of the Youth and Community Engagement Leader and the Centre Manager
- Clear and effective verbal and written communication skills, including ability to use computer systems
- Commitment to working respectfully with Aboriginal and Torres Strait Islander people and people from culturally and linguistically diverse backgrounds, communities and staff
- Ability to work both independently and collaboratively as a productive team member
- A passion for youth wellbeing and mental health

6.2 Desirable

- Demonstrated knowledge of wellbeing and mental health issues relevant to Aboriginal and Torres Strait Islander young people and communities
- Demonstrated knowledge and understanding of Aboriginal and Torres Strait Islander cultures and established links with your local Aboriginal community.
- Previous experience in a similar position, or completion of Certificate III level studies in Community Services, Health or a related field.

6.3 Other Role Requirements

- Appointment is subject to a current Working with Children/Police Check.
- 6 month probationary period and completion of an Annual Performance Review and Development plan.

- Some flexibility will be required to work after hours including weekend and evening and interstate/intrastate travel may be required
- Approved qualifications and current eligibility to work in Australia
- Current and Valid Drivers license, and/or ability to obtain

6 POLICIES AND WORKPLACE PRACTICES

All **headspace** employees are required to acquaint themselves with the organisation's policies and procedures and to abide by them at all times.

It is expected that at all times, employees will:

- be respectful towards the organisation, colleagues, clients and the general public
- be cognizant with and uphold the objectives and philosophy of **headspace**
- act collaboratively with all colleagues
- act in a safe and responsible manner at all times