

# Job Description and Duty Statement

Position Title	Mental Health Professional – headspace – Kununurra
Organisation	Boab Health Services
Hours of employment	1.0 FTE (75 hours per fortnight)
	Continuation of contract subject to ongoing
	funding.
Reports to	headspace Centre Manager and / or Clinical Lead
Salary	\$98,889 – \$106,306
	Commensurate with skills and experience.
Location	Based at headspace in Kununurra

#### Entitlements

- 6 weeks Annual Leave
- Generous Supported Professional Development Opportunities
- Salary Packaging with additional packaging options for remote area living
- Relocation Assistance (where applicable)
- Supported External Supervision
- Remote Travel Allowance (where applicable)

#### About Boab Health

Boab Health Services is a not-for-profit primary health care organisation servicing the Kimberley region of Western Australia. Services include allied health, mental health, an Integrated Team Care program and a range of health promotion programs. Boab Health delivers these services from centres in Broome and Kununurra with outreach to the wider communities in the Kimberley. For further information about the services we provide visit our website www.boabhealth.com.au.

As a member of the Clinical Team, Mental Health Professionals (Psychologists, Mental Health Nurses, Occupational Therapists, Social Workers and Aboriginal Health Workers) provide evidence based focused psychological interventions to clients.

## About headspace Kununurra

Wunan Health, in collaboration with other local Kununurra partners, are establishing a new headspace centre for young people in Kununurra experiencing early symptoms of mental health disorders and common co-occurring difficulties.

The new centre will act as a one stop shop for young people (aged 12-25 years old) in the community with mental health and wellbeing concerns. It will provide no (or low) cost, youth friendly, holistic care across, across the headspace four core streams: Mental Health, physical and sexual health, alcohol, alcohol and other drugs, and vocational training/educational support.

The centre will prioritise providing and tailoring services to young people at-risk and in the early stages of their condition.

## About the role

This position is funded through an agreement with Wunan Foundation as the lead agency for headspace Kununurra. As such you will be expected to work within the policy framework of



headspace Kununurra. Whilst working at headspace, the position will also adhere to the broader policies of Boab Health as the Employer.

Day to day operational guidance will be provided by the Centre Manager, however the role will also have a relationship with the Boab Health services, especially in relation to peer and independent clinical supervision.

#### Job Description

Service Delivery and Reporting

- Provide mental health assessment and treatment of young people (12 25 years of age) experiencing mental health issues, including within their family environment
- Ensure young people are involved in their own care decisions, and work in collaboration with young people in all aspects of service delivery
- Work in conjunction with other services (e.g. headspace Youth Worker, EKJP, GP, KMHDS) supporting youth in team-based care, with complementary clinical care and care coordination to facilitate access to ongoing social supports
- Provide evidence based psychological interventions, individual interventions and regular groups, to youth people referred within a range of settings e.g. headspace, schools, Aboriginal Community Controlled Health Services, outreach clinics and hospitals
- Undertake risk assessment, AOD screening and safety planning to clients including those experiencing suicidal ideation or issues of self-harm, experiencing homelessness, FDV, or where there are child protection issues
- Have or develop skills in working with young people across relevant age ranges and developmental stages As a senior team member this will include providing guidance to other team members
- Provide culturally safe and sensitive mental health services, in line with the Headspace clinical governance model, to both individuals and groups
- Work to facilitate the development of long term supports within the community for clients
- Partake in, or organise case conferences, working groups and meetings relevant to service development

## Quality Improvement

- Maintain professional skills through continuing professional development and share learnings across the team
- Participate in formal clinical supervision on a regular basis
- Support the Clinical Governance requirements through adherence to headspace Kununurra policies and procedures and suggest ways to continuously improve
- Contribute to the review and further development of relevant policies and procedures as per accreditation processes
- Collect and record data required for reporting by funding bodies and Boab Health and Headspace



- Meet reporting requirements for reports and as requested by either the Boab Health Executive Manager Clinical Services and/or the Headspace Office Manager/Clinical Lead
- Fulfill the Headspace Clinical Lead role as required and as appropriate (eg to cover periods of leave)

# Education

- Deliver educational information to individuals and community groups, including information on primary mental health prevention
- Provide information to other health care providers and referrers as requested, to assist in the management of high prevalence mental health issues
- Provide evidenced based self-help materials to individuals, groups, and community as required
- Provide regular updates to the community on Headspace service developments
- Identify any local or regional opportunities to promote the objectives of Headspace and Boab Health Services

## Health Program Development

- In support of the Primary Health Care philosophy, support any relevant community events or community group education that builds the mental health capacity of young people
- Work in partnership within the community to support a collaborative approach to further promote primary health care principles

All staff members working at Boab Health are expected to conduct work activities consistent with relevant health and safety legislation and contemporary best practice. New employees are expected to undertake a National Police Clearance check prior to employment and a Working with Children Check for Western Australia.

## **Required Selection Criteria**

- National registration with Australian Health Practitioners Regulation Agency (AHPRA) to work as a Mental Health Professional (i.e. Psychologist, Mental Health Nurse, Occupational Therapist, or Aboriginal Health Worker) or member of Australian Association of Social Work Association (AASW) as a Social Worker
- 2. Demonstrated experience as a Mental Health Professional including more than 2 years' experience working with young people, and in a family inclusive practice, using evidence based focused psychological interventions
- 3. An understanding of the social determinants of health and an awareness of the major issues impacting contemporary Aboriginal people in remote Australia
- 4. An understanding of the Headspace service model and an ability to work with other service providers and the community to co-design culturally appropriate services
- 5. Demonstrated organisational and time management skills including a flexible approach to work, along with the ability to use initiative to work both independently and as part of a team



- 6. Values and respects diversity and has a positive attitudes towards young people
- 7. Excellent written and communication skills, with demonstrated experience in preparing budgets, reports and other acquittal documentation
- 8. Strong interpersonal skills with an ability to establish and maintain appropriate networks that facilitate referral pathways and shared care of clients
- 9. An ability to work autonomously and to maintain self-care practices in a challenging and remote work environment

# **Further Information**

For further information, please contact:

Carolyn Stevens Team Leader Mental Health – East Kimberley Boab Health Services PO Box 1548 Broome WA 6725 www.boabhealth.com.au mhek5@boabhealth.com.au (P) 08 9192 7888 (M) 0447 205 235