**We are looking for young people to be part of the headspace Wonthaggi Youth Advisory Group**

**are you aged between 12 and 25 and live, work or study in South Gippsland/Bass Coast? Do you have something to say about youth mental health?**

**what is the headspace local Youth Advisory Group (YAG)?**

* a youth voice for the headspace centre
* assist in leading and involvement of projects in the local area
* have your say! - discussion and evaluation of headspace services, groups and activities
* peer support and mentoring
* promote the headspace service to local young people – assist with warm referrals into the service

**by getting involved, you will**

* have the opportunity to have your say and direct youth mental health services in Australia
* develop new skills
* meet and work with other young people who are passionate about youth mental health, physical health, alcohol and other drug and work and study support
* make a difference to youth mental health
* and of course have some fun! 😊

headspace will provide some training to support you to participate in the above groups or activities.

**how do I get involved?** complete the application form, scan and email it to [info@headspacewonthaggi.org.au](mailto:info@headspacewonthaggi.org.au) or you can post or drop it into headspace Wonthaggi at 5b Murray Street Wonthaggi.

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| Who can apply?  We are looking for anyone aged between 12 and 25 who live, work and study in South Gippsland/Bass Coast  We want you to apply if:   * You have had your own experiences of feeling depressed, anxious or another mental health issue * You have a friend or family member who has/or had a mental illness or drug addiction * You feel passionate about and are interested in mental health issues * This group is keen to hear the voices of **all young people**   If you think this group is for you - please apply! |

**Application form**

|  |  |
| --- | --- |
| personal details | |
| name |  |
| mobile |  |
| email |  |
| address | street:  town:  post code: |
| date of birth |  |

|  |  |
| --- | --- |
| what languages do you speak at home? |  |
| where were you born? |  |
| are you Aboriginal or Torres Strait Islander? |  |
| are you from a rural or remote area? |  |
| do you have a family member with a mental health problem |  |
| do you identify as having/had a mental health problem? |  |
| is this something that you would be happy (and feel comfortable) talking about? |  |

**About you**

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| please tell us a bit about yourself? |
| *(For example: I am 15 years old and attend School/work/other study and I like skate-boarding/singing)* |
| please describe why you are interested in becoming a Youth Advisory Group (YAG) member for headspace Wonthaggi? |
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| what skills and ideas could you bring to the Youth Advisory Group (YAG)? |
|  |
| are you involved in any other organisations or groups? If yes, which ones and what is your involvement? |
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**Applicants over the age of 14 must apply for a current Working with Children’s Check, this is FREE for Volunteers and our Community Engagement Officer can support you through this process - it’s easy!**

**Applicants over the age of 14 must also undergo a current and satisfactory Crim Check - this is at the cost of headspace Wonthaggi and our Community Engagement Officer can support you through this process as well.**