



Tuning into Teens™ at headspace

FREE 6 WEEK ONLINE PARENTING PROGRAM

Running each Tuesday - Starting 19th May, 2020

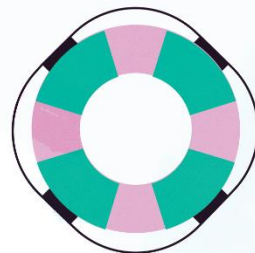
5.00pm – 7.00pm

Tuning in to Teens™ is a 6 week program which will give parents and carers strategies to enhance the communication with the young people in their lives.

To register please contact headspace Berri on 8582 4422

A FREE six session parenting program for parents and carers of young people.

Internet and microphone required,
camera is optional



headspace
National Youth Mental Health Foundation