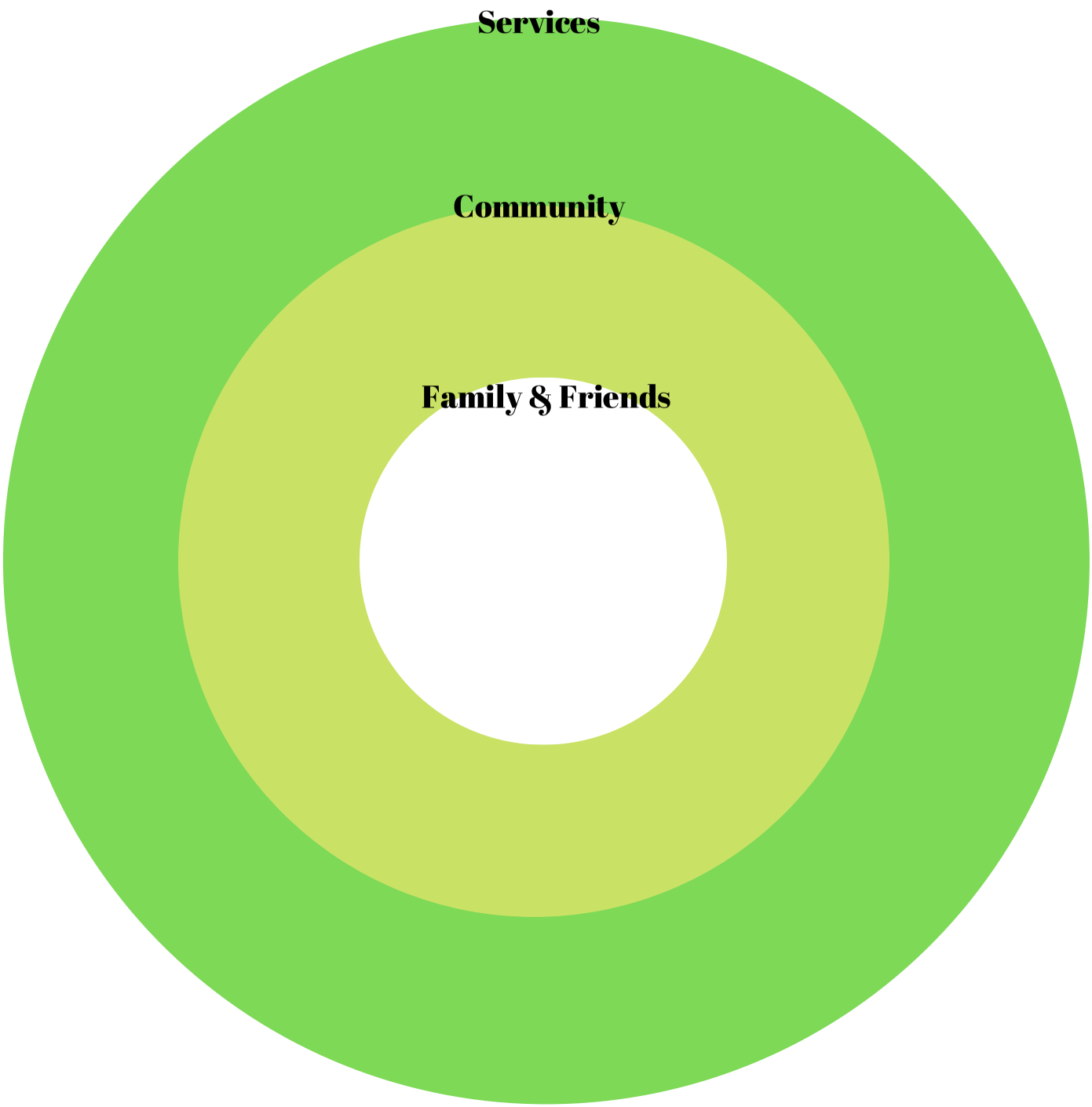My Support Circle