

# artspace

**Are you aged 12-25 and interested in art or keen to give it a go? Bring your creative vibe to headspace Wonthaggi and join our FREE art group.**

You can try your hand at collaging, painting and mindfulness-based crafts. We'll have snacks and chats while making and creating.

This is an opportunity for young people to connect to other creatives to work on their own piece of art or to work on a group mural that explores our seven tips for a healthy headspace.

## When

Mondays from 4-5:30pm,  
starting Monday 26 April 2021

## Where

headspace Wonthaggi Group Room  
5b Murray Street, Wonthaggi

## Contact us

**Registration is required.**

Please call 5671 5900 or email [info@headspacewonthaggi.org.au](mailto:info@headspacewonthaggi.org.au) to sign up to the group or ask us a question.